

## A Bite of The Casserole #21 Dealing with Drugs - Deterra

9/21/22

Over 96,000 people died of drug overdose in 2021, over half from opioids.

### YAWN

Fentanyl, a common opioid for pain, is 100 times more potent than morphine.

### YAWN      YAWN

Nebraska State Patrol seized nearly twice as much fentanyl in 6 months this year than in all last year.

### YAWN      YAWN      YAWN

The trouble with so-called “shocking statistics” is that there is nothing for you to do about them.

### BUT IN THIS CASE, YOU CAN MAKE A DIFFERENCE

Many of us leave all kinds of medicines in our medicine chests for months or years. Some may even be opioids or other dangerous drugs. We think there is no need to get rid of them, yet anyone could steal them. We know we can't flush them so there is no safe or convenient way to get rid of them. There is now. If you are in Region 5, you can get FREE Deterra packets from the Region by calling 402-421-4343 and ask for Prevention or email [teffle@region5systems.net](mailto:teffle@region5systems.net).

These Deterra packets permanently destroy prescription and over the counter medications in four steps. They are simple, safe and environmentally friendly. Put in the pills, add water, shake it up and throw in the trash.



### THESE PACKETS ARE GREAT GIVEAWAYS

- For your parish nurse to have on hand.
- For when your church or temple is hosting a health or ministry fair.
- For when your Faith Partners team sponsors an educational event.
- For when your team sponsors a “Bring Us Your Drugs” Sunday.



A whole casserole is too much so we offer **A Bite of The Casserole** from time to time. We welcome ideas for short articles of interest to people working in their faith congregations on issues of addiction and mental health. Working together we will defeat stigma and shame. Faith Partners is a program of Region V Prevention Systems 1645 N St. Lincoln, NE, supported by a Partnership for Success Grant (PFS# 79-SP08090988) DHHS Division of

Behavioral Health. This is edited by Otto Schultz, so if something is wrong, blame him, [OttoBSchultz@outlook.com](mailto:OttoBSchultz@outlook.com) or 402-770-1974.