

A Bite of The Casserole #19

8/10/2022

READY – SET – GO

Three Events for You



READY – You can still get into **Faith Partners Comprehensive Training**

WHEN: Thursday, August 11, 6-8:30 p.m. & Saturday August 13, 9-4:30

WHO: People like you with an interest in faith, recovery and prevention

COST: Free:

WHY: This comprehensive training will help you help your church play its proper role in ministry, service and education with alcohol/drug and mental health issues. Many of us know our congregation ought to be more involved. With this training you can make it happen.

TO REGISTER: Call 402-770-1974 or email OttoBSchultz@outlook.com

SET – Quarterly Support Meeting for Teams and Individuals –

August 23, 6:30-8:00 Zoom ID 244 080 7898 PW 451 4626

Do you wonder what other Faith Partners Teams are doing? Need some ideas to get your team rolling again? Want some direction on what you can do as an individual in your congregation?

Then this meeting is for you whether you lead a Faith Partners team, you're on a Team, or you want to start a team, you'll find some fun, some inspiration, some education, some things to share. Rachel Johnson, Religious Coordinator, from Lincoln Regional Center will be on hand to teach us how to talk about mental health issues.

GO - You Can Ask a Question and Save a Life

Have you ever wondered if someone was considering suicide? Maybe they sounded depressed or hopeless. Were you anxious; not sure what to say or do? Then QPR – Suicide Prevention Training is for you. It's like CPR since ordinary people can learn to save a person's life, but the skills are much simpler and easier to learn. Lincoln SCIPP, Region 5 Prevention Systems and more than 15 congregations are teaming up to provide this free 90-minute training from September 4-13. More details coming soon.



A whole casserole is too much so we offer **A Bite of The Casserole** every week or two. We welcome ideas for short articles of interest to people working in their faith congregations on issues of addiction and mental health. Working together we will defeat stigma and shame. Faith Partners is a program of Region V Prevention Systems 1645 N St. Lincoln, NE. supported by a Partnership for Success Grant (PFS# 79-SP08090988) DHHS Division of Behavioral Health. This is edited by Otto Schultz, so if something is wrong, blame him, OttoBSchultz@outlook.com or 402-770-1974.