

A Bite of The Casserole #18

7/27/2022

They Lose 26 Years

According to the CDC excessive alcohol use shortens the lives of alcoholics by an average of 26 years. Imagine that! What would motivate you to give up 26 years of your life span?



Many religious people vow to be willing to give up all, even their very lives for the sake of their God. Alcoholics subconsciously make the same commitment to their drug, giving up an average of 26 years. Their drug becomes their god. Family members also can make their lives revolve around the alcoholic's dependency. It may also become their god. Dependency and codependency are spiritual issues.

To learn more about how your congregation can tackle this spiritual issue, join us for

Faith Partners Comprehensive Training

Thursday, August 11, 6-8:30 p.m. & Saturday August 13, 9-4:30

WHAT: This training will help you develop a ministry for alcohol/drug and mental health issues

WHERE: Eastridge Presbyterian Church 56th & Margo in Lincoln

WHEN: Thursday, August 11, 6-8:30 p.m. & Saturday August 13, 9-4:30

WHO: People like you with an interest in faith, recovery and prevention

COST: Free:

WHY: **OR SOME STUFF YOU WILL LEARN:**

- How to help your congregation address mental health and dependency issues.
- The unique service faith congregations can offer on dependency and mental health.
- How effective prevention works and how your congregation can do it.
- How to do worship services celebrating recovery
- How Faith Partners provides ongoing in-person support as you develop your ministry.

TO REGISTER:

<http://events.constantcontact.com/register/event?llr=pw7qdxab&oeidk=a07ej0hdqyj02e78a3b>



A whole casserole is too much so we offer **A Bite of The Casserole** every week or two. We welcome ideas for short articles of interest to people working in their faith congregations on issues of addiction and mental health. Working together we will defeat stigma and shame. Faith Partners is a program of Region V Prevention Systems 1645 N St. Lincoln, NE. supported by a Partnership for Success Grant (PFS# 79-SP08090988) DHHS Division of Behavioral Health. This is edited by Otto Schultz, so if something is wrong, blame him, OttoBSchultz@outlook.com or 402-770-1974.