The Casserole Bite

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A Newsletter from Faith Partners Nebraska

A CASSEROLE DISEASE

At our initial training, Drew Brooks, National Director of Faith Partners announced, "We want alcohol, drug and mental health issues to be casserole diseases." We



were a little puzzled, to say the least. He explained, "Traditionally, if someone is hospitalized for a period, people in a congregation bring casseroles to their family." Physical diseases carry no shame or stigma. It is easy for families to be open about them and for congregation members to support them by various kindnesses, like bringing casseroles. So also, we want mental illness, alcoholism, and addiction to have no shame or stigma; to be treated like other "casserole diseases" in our congregations.

To help support you in making these issues casserole diseases, we are starting this very short newsletter. Every week or two, you can expect to receive, not a whole casserole, covering multiple articles, but just a bite of a casserole with one short article. Perhaps, it will have news about what some teams are doing, an idea that can help you, information about a book or article, and probably a little humor too.

We hope you'll enjoy these Casserole Bites and that you'll find them useful in your service and ministry.

