

As part of the presentation on suicide prevention your child will participate in QPR training. QPR stands for Question, Persuade, and Refer —3 simple steps anyone can learn to help save a life from suicide.

The mission of QPR is to save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. QPR trains people to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

According to the Surgeon General's National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

Following QPR training your child will know how to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

By signing this document, you agree to allow your child, _____, to participate in QPR training.

Parent/Caregiver Signature

Date